



CHAMPION BATCH STUDY PLANNER Target - NEET 2023

6:00 am
Wake up time



6:00 am - 6:30am
Freshen up time



6:30 am - 7:00am
Yoga, Jogging



7:00 am - 7.30am
Breakfast



7:30 am - 9:30am
Home Work
(Subject-1)



9:30 am - 10:00am
Break/Refreshment



10:00 am - 12:30am
Home Work
(Subject-2)



12:15 pm - 1:15pm
Book Reading



1:15 pm - 1.45pm
Lunch



1:45 pm - 2:15pm
Nap time



2:15 pm - 3:00 pm
Recalling Previous
Class Through Notes



3:00 pm - 4:15 pm
(Subject-1)
Lecture+Notes Making



4:30 pm - 5:45 pm
(Subject-2)
Lecture+Notes Making



6:00 pm - 6.45pm
Live Class/
Book Reading



7:00 pm - 8:00 pm
Freshen Up



8:00 pm - 9:00 pm
Dinner



9:00 pm - 10:00 pm
(Class-1) Revision



10:00 pm - 11:00 pm
(Class-2) Revision



11:00 pm - 6:00 pm
Sleep Time

